

What is Duo Push?

Duo Push is a feature within the Duo Mobile app that delivers two-factor push notifications to your phone for fast and secure access. Duo Push is resilient against man-in-the-middle attacks that allow attackers to steal your password and your second factor. After logging in with your username and password, choose Duo Push on the authentication prompt. Then, tap 'Approve' on the push notification sent to your phone seconds later to securely access your application.

More information about Duo Push for iPhone can be found in this [short video](#).

More information about Duo Push for Android can be found in this [short video](#).

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